

HEIDI J. KELLAM, M.A.

CURRICULUM VITAE

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EDUCATION

**Anticipated*

*2028	Ph.D. in Positive Developmental Psychology	Claremont Graduate University, Claremont, CA
2022	M.A. in Positive Developmental Psychology and Evaluation	Claremont Graduate University, Claremont, CA
2014	B.A. in Psychology with Honors	University of Oregon, Eugene, OR

PROFESSIONAL EXPERIENCE

Teaching Positions

2023 - present	Lecturer, Department of Psychology California State University, Fullerton, Fullerton, CA
2022	Teaching Assistant, Division of Behavioral and Organizational Sciences Claremont Graduate University, Claremont, CA
2018	Mindfulness Hour @ UNM Facilitator, Department of Psychology University of New Mexico, Albuquerque, NM
2012 – 2013	Statistics in Psychology Tutor, Department of Psychology, College of Arts and Sciences University of Oregon, Eugene, OR
2012 – 2013	Teacher Aid I Co-Op Family Center, Eugene, OR

Research Positions

2023	Teaching and Research Associate, The Berger Institute Claremont McKenna College, Claremont, CA
2021 – present	Lab Member, Well-being and Developmental Methods Research Lab w/ Prof. Saida Heshmati Claremont Graduate University, Claremont, CA
2017 – 2019	Lab Member, Research Practicum in Positive Aging w/ Prof. Jeanne Nakamura Claremont Graduate University, Claremont, CA
2016 – 2017	Lab Member, Depression and Persuasion Research Lab w/ Prof. Jason Siegal Claremont Graduate University, Claremont, CA
2013 – 2014	Research Assistant to Prof. Maureen Zalewski – Regnier University of Oregon, Eugene, OR
2013 – 2014	Research Assistant, Personal Relationships, Interpersonal Stress, and Mindfulness Lab w/ Prof. Heidemarie Laurent, University of Oregon, Eugene, OR
2013 – 2014	Psychology Honors Program, Department of Psychology, Thesis Advisor: Heidemarie Laurent University of Oregon, Eugene, OR
2013 – 2014	McNair Scholar Summer Research Intern, Advisors: Heidemarie Laurent, Rosemary Bernstein University of Oregon, Eugene, OR
2013	Research Assistant, Brain Development Lab w/ Prof. Helen Neville University of Oregon, Eugene, OR
2013	Research Assistant, Cultural and Social Affective Neuroscience Lab w/ Prof. Eliot Berkman and Prof. Gordan Hall, University of Oregon, Eugene, OR
2013	Research Assistant, Social Cognition Lab w/ Prof. Sara Hodges University of Oregon, Eugene, OR
2012	Research Assistant, Imagination Lab w/ Prof. Marjorie Taylor University of Oregon, Eugene, OR

Related Professional Positions

2023 – 2024	IRB Analyst, Office of Research, Sponsored Projects, and grants Claremont Graduate University, Claremont, CA
2018 – 2022	Assistant Director of Admissions Claremont Graduate University, Claremont, CA

2017 – 2018	Administrative Assistant III to the EVP and CFO University of New Mexico
2016 – 2017	Student Ambassador, Office of Admissions Claremont Graduate University, Claremont, CA
2015 – 2016	Independent Living Skills Facilitator Looking Glass Community Services, Eugene, OR
2015	Residential Counselor - Qualified Mental Health Associate, Intensive Treatment Services Looking Glass Community Services, Eugene, OR
2012 – 2013	Direct Care Professional Supported Independence Services of Oregon, LLC, Springfield, OR

RESEARCH

Interests: positive psychology, mindfulness, interpersonal emotion regulation, family regulatory dynamics, parenting, adolescent wellbeing in the context of familial, peer, and intimate relationships

Published Research Articles: * indicates previous last name

1. ***Martinez, H. J.**, Laurent, H.K., and Bernstein, R. (2014). Beyond Depression: Mothers with Comorbidity Differ in Neural Response to Infants' Cry. *McNair Scholars Journal*, 75 – 96.

Conference Presentations:

1. **Kellam, H. J.** (2026, July 1-4). *Co-Parenting with CPS: An Interpretive Phenomenological Analysis of Parental Experience* [Poster presentation]. 2026 European Conference on Positive Psychology, Dublin, Ireland.
2. **Kellam, H. J.** (2024, May 24). *Attachment, Mindfulness, and Emotion Regulation: A Study of Emerging Adults in the COVID-19 Pandemic*. [Poster presentation]. 2024 Association for Psychological Science Annual Convention, San Francisco, CA.
3. **Kellam, H. J.** (2024, April 26). *Attachment, Mindfulness, and Emotion Regulation: A Study of Emerging Adults in the COVID-19 Pandemic*. 2024 Western Psychological Association Conference, San Francisco, CA.
4. **Kellam, H. J.** (2024, March 23). *Attachment, Mindfulness, and Emotion Regulation: A Study of Emerging Adults in the COVID-19 Pandemic*. Western Positive Psychology Association 8th Annual Conference, Claremont, CA.
5. **Kellam, H. J.** (2024, March 3). *Attachment, Mindfulness, and Emotion Regulation: A Study of Emerging Adults in the COVID-19 Pandemic*. 2024 Society for Affective Science Annual Conference, New Orleans, LA.
6. Villamil, A., Su, K., **Kellam, H. J.**, Mansfield, M. E., Rombaoa, J.P., & Heshmati, S. (2023, May 26). *Interpersonal closeness in younger & older adults during COVID-19: An examination of developmental differences in coping with a mass disaster in the United States*. 2023 Association for Psychological Science Annual Convention, Washington, D. C.
7. Paschall, C., Thomas, M., & **Kellam, H. J.** (2023, April 14). *Anti-Racist Perspectives in Attachment Theory*. Realizing Equity: A Transdisciplinary Approach to Justice and Transformative Research Symposium, Claremont, CA.
8. **Kellam, H. J.** (2020, January 25). *High Control Amplifies Life Satisfaction for Women with Lower Partner Affectual Solidarity*. Western Positive Psychology Association 5th Annual Conference, Claremont, CA.
9. ***Martinez, H. J.**, De Araujo Sanchez, M., Nelson, B., Nelson, L., Ablow, J., & Laurent, H. (2014, July 3-5). *Beyond Depression: Mothers with Comorbidity Differ in Neural Response to Their Infant's Cry*. [Poster presentation]. International Conference on Infant Studies, Berlin, Germany.
10. ***Martinez, H. J.**, Laurent, H., Bernstein, R., & Ablow, J. (2014, May 14). *Beyond Depression: Mothers with Comorbidity Differ in Neural Response to Their Infant's Cry*. UO Undergraduate Research Symposium, Eugene, OR.

11. ***Martinez, H. J.** Laurent, H., Bernstein, R., & Ablow, J. (2014, May 9). *Beyond Depression: Mothers with Comorbidity Differ in Neural Response to Their Infant's Cry*. [Poster presentation]. Psychology Undergraduate Research Conference, Los Angeles, CA.
12. ***Martinez, H. J.**, Laurent, H., Bernstein, R., & Ablow, J. (2014, April 3-5). *Beyond Depression: Mothers with Comorbidity Differ in Neural Response to Their Infant's Cry*. [Poster presentation]. 2014 National Conference on Undergraduate Research, Lexington, KY
13. ***Martinez, H. J.** Laurent, H., Bernstein, R., & Ablow, J. (2014, February 19). *Beyond Depression: Mothers with Comorbidity Differ in Neural Response to Their Infant's Cry*. Winter 2014 McNair Scholar Symposium, Eugene, OR

CERTIFICATIONS AND TRAININGS

2024 – 2027	CITI Basic Training: Social and Behavioral Research https://www.citiprogram.org/verify/?w585e9e24-2ca7-4fa8-9cd5-dc482633b30d-57709783
2023	Inclusive Excellence in College Teaching Certificate Claremont Graduate University https://www.parchment.com/u/award/bb5230a4ab17c228d60083a91f08d46f
2018 (expired) 2017	Qualified Mental Health Associate: https://npiprofile.com/npi/1154711869 The Science of Happiness w/ Dacher Keltner and Emiliana Simon-Thomas https://courses.edx.org/certificates/111adf68d76240a186d45c0eaf737b26
2017	Embodied Positive Psychology Summit Masterclass The Science and Practice of Positivity Resonance w/ Barbara Fredrickson
2017	Embodied Positive Psychology Summit Masterclass The Effort and Ease of Goal Attainment w/ Maria Sirois and Caroline Miller
2016	Introduction to Motivational Interviewing (MINT)
2016	Building a Growth Mindset w/ Education Northwest
2016	Youth Engagement Training w/ Bryan Post
2016	Embodied Positive Psychology Summit Masterclass Mindfulness Based Strengths Practice w/ Ryan Niemiec
2016	Trauma Informed Care
2015	Pro-Act and Pro-Act Restraint Training

AWARDS AND HONORS

2026	Claremont Graduate University – 3MT/The Big Pitch Finalist
2024	Society for Affective Sciences – Diversity Trainee Award
2013 – 2014	University of Oregon – McNair Scholar
2013	University of Oregon – Women in Graduate Sciences Undergraduate Summer Research Award

SERVICE AND PROFESSIONAL ACTIVITIES

2024 – 2026	Institutional Review Board (IRB) student member – Claremont Graduate University
2021 – 2022	Co-Chair, Institutional Partnerships Committee – Claremont Graduate University
2020 – 2021	Co-Chair, Financial Literacy Committee – Claremont Graduate University
2019 – 2020	Chair, CGU Student Experience Committee – Claremont Graduate University
2019 – 2020	Inland Empire Territory Manager, Territory Planning Committee – Claremont Graduate University

HONOR SOCIETY MEMBERSHIPS

National Society of Leadership and Success, Claremont Graduate University
Psi Chi, University of Oregon chapter & Claremont Graduate University
Golden Key International Honor Society, University of Oregon chapter
Phi Kappa Phi, University of New Mexico chapter
Phi Theta Kappa, Alpha Upsilon Chi chapter

PROFESSIONAL AFFILIATIONS

American Psychological Association

Association for Psychological Sciences
National Center for Faculty Development and Diversity
Western Positive Psychology Association
Western Psychological Association

LANGUAGES

English – Native language

French – Intermediate proficiency